

Menu choices Autumn Term 2017

Child's name \_\_\_\_\_ class \_\_\_\_\_ My child is a vegetarian YES NO

Please clearly tick ONE choice for each day (Red, green, yellow or purple)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Red choice MEAT (NOT Halal) or FISH	Tuna pasta bake	Beef pie and mashed potato	Thai green chicken curry with rice	Roast gammon and Yorkshire pudding	Fish cake with homemade jacket wedges
Green choice Vegetarian option	Vegetable curry and rice	Vegetable grill in a bun	Tomato pasta bake	Vegetable mince with Yorkshire pudding	Pizza with homemade jacket wedges
Yellow choice sandwich	Savoury cheese wrap	Ham sandwich	Tuna roll	Hot roast gammon baguette	Egg mayo bap
Purple Baked potato	With baked beans	With vegetarian Bolognese	With cheesy coleslaw	With tuna	With mild vegetarian chilli

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Red choice MEAT (NOT Halal) or FISH	Pasta Bolognese	Chicken and sweetcorn pie	Ham pizza and potato wedges	Roast beef and Yorkshire pudding	Salmon fingers and homemade diced potatoes
Green choice Vegetarian option	Vegetable layer bake	Mild vegetarian chilli and tortilla chips	Cheesy vegetable pasta bake	Vegetarian sausage and Yorkshire pudding	Vegetarian Bolognese with diced potatoes
Yellow choice sandwich	Tuna crunch wrap	Ham sub roll	Egg mayo on wholemeal	Hot roast beef baguette	Cheese sub roll
Purple Baked potato	With cheese	With baked beans	With fruity coleslaw	With tuna	With vegetable curry

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Red choice MEAT (NOT Halal) or FISH	Chicken curry with rice and naan	Sausage and mixed potato mash	Lasagne with tomato garlic bread	Roast chicken with Yorkshire pudding	Battered fish and chips
Green choice Vegetarian option	Cheese and potato omelette	Vegetable casserole with herby dumplings	Pizza tart with diced potatoes	Vegetarian sausage with Yorkshire pudding	Vegetarian chilli mince wrap with rice
Yellow choice sandwich	Ham sandwich	BBQ chicken roll	Egg mayo bap	Hot roast chicken baguette	Wholemeal cheese sandwich
Purple Baked potato	With vegetarian Bolognese	With Cheesy coleslaw	With tuna	With spicy Mexican vegetables	With baked beans