What our school does to respond to bullying...

Mrs Cattrall will ask questions to find out what has happened

Parents will be informed

Mrs Cattrall may create a support group, which the target chooses. This helps children feel safe and know they have someone to look out for them

The Bully/Bystander will miss playtimes and lunchtimes and spend them with Mrs Cattrall

People often bully because they have their own problems. Mrs Cattrall will work through these to help stop the bullying happening again.

What is a bystander?

A bystander is someone who watches the bullying take place and doesn't try and stop it or do anything to support the victim.

This is not o.k.

If you witness bullying...



Allerton C of E Primary

Child Friendly
Anti-Bullying Policy





What is Bullying?



When you deliberately hurt or upset someone more than once.

Bullying can be...

Emotional – hurting people's feelings

Physical – hitting, kicking, pushing

Verbal – being teased name calling

Cyber – being unkind through text, email, video message, social media

Bullying is not...

- Falling out with friends
- One off incidents
- Accidents

What should I do?

- Tell someone you trust
- Ask them to STOP if you can
- Walk away
- Try not to let them see you are upset or hurt



What shouldn't I do?

- Bully back
- Hurt them (Retaliate)
- Think it's your fault
- Get other people to hurt them

Who can I tell?

- Mrs Cattrall Behaviour Mentor
- Any adult in school
- A friend
- A family member
- Childline 0800 11 11

If bullying continues after it has been dealt with in school, you must tell someone again.

