



Drug Education and Managing Drug Related Incidents Policy

The PSHE Lead is responsible for the development, monitoring and review of the drug education curriculum and liaising with any external agencies to support the curriculum. The Head Teacher has overall responsibility for drugs issues including managing drug-related incidents, liaising with the Police and other external agencies, including support services.

Aims

Drug education is a major component of drug prevention. Drug prevention aims to:

- Minimise the number of young people engaging in drug use; delay the age of onset of first use; reduce the harm caused by drugs; and enable those who have concerns about drugs to seek help.
- The aim of drug education is to provide opportunities for pupils to develop their knowledge, skills, attitudes and understanding about drugs and appreciate the benefits of a healthy lifestyle, relating this to their own and others' actions.

Policy context

Our school operates a smoke free site and takes the matter of illegal drugs very seriously as part of our Healthy Schools Programme. Although it is unlikely that illegal drugs will be in our primary school, we believe that drugs play a part in the lives of every one of us and recognise that drug use and misuse can have a serious effect on health, well-being and academic achievement. We therefore have a crucial role to play in drug prevention and education. Primary age children need to be protected from the harm that drugs can cause and it is our responsibility to give them the knowledge and skills to be able to be healthy and keep safe.

Development Process

The policy has been drawn up by the PSHE leader in line with national and local recommendations and in consultation with: Leeds Healthy Schools and Wellbeing Consultant, members of teaching staff, School Council/Health Forum, pupil representative, Parents, Member of Governing Body

Location and Dissemination

A copy of this policy can be found on our school website and on request from our Reception desk. Any outside contributors involved in drug education, receive a copy prior to teaching. Pupils are taught about the content of the policy in drug education.

Definitions and Terminology

The definition of drugs used in this policy is the definition given by the United Nations Office on Drugs and Crime: "A substance people take to change the way they feel, think or behave".

This refers to all drugs whether:

- Illegal drugs (those controlled by the Misuse of drugs Act 1971) such as ecstasy, cannabis, crack/cocaine, heroin and LSD, ketamine, GHB, anabolic steroids.
- Drugs that are legal to use but are covered by some legislation such as selling to under 18 year olds including alcohol, tobacco, shisha and volatile substances (solvents)
- Drugs that are legal to use and buy such as poppers
- Over the counter and prescription medicines
- And other drugs such legal highs/Novel Psychoactive Substances that are illegal to sell for human consumption and e-cigarettes that currently have no restrictions (although laws about selling to under 18s and use in public places are to be put in place)

Definitions of other key words

Drug use describes any drug taking. Drug misuse is drug taking which leads to social, psychological, physical or legal problems through intoxication, regular excessive consumption and/or dependence.

(See appendix 1)

Links to other policies

This policy should be read in conjunction with the following policies; PSHE, Health and Safety, Behaviour, Supporting Pupils with Medical Conditions.

Why is a policy needed?

The Leeds Healthy Schools Team advises that all schools have an up to date policy which is part of being a healthy school.

Primary aged children need to be protected from the harm that drugs can cause and it is our responsibility to give them the knowledge and skills to be able to be healthy and keep safe.

We take a positive and proactive approach to the issue of drugs and this policy aims to:

- Give a clear view on the use of drugs in school.
- Provide information so that everyone is clear about the procedures should an incident occur and the approach taken by the school.
- Give information about what is taught, how it is taught
- Give guidance to teachers, support staff and visitors about drug education.

How is Drug Education taught in school?

Where is it taught in the curriculum?

Teaching about drugs, alcohol and tobacco is taught through the drugs strand of the PSHE scheme of work and in Science where it is required in the National Curriculum. Some staff have also attended training by the Leeds Healthy Schools Team to deliver the 'Oh Lila!' and 'Nothing' programme in Foundation Stage and KS1.

What is taught?

Drug Education is taught as a spiral unit in Years 2, 4 and 6 in the summer term.

Year 1 – What can go onto and into our bodies and how it can make us feel

Year 2 - Medicines

Year 3 – What is a drug? Smoking

Year 4 – Alcohol

Year 6 – Risks associated with legal and illegal drugs

Foundation Stage – 'Oh lila' teaching resource

Year 1- 'Nothing' teaching resource are used following staff training.

Drug education is taught by the class teacher and external agency may be used such as D-Side.

Each year health week is given a specific focus. Drug education maybe chosen as a focus for health week if we feel we need to develop children's understanding beyond the delivered units.

How it is taught

A wide range of active teaching methods are used that enable pupils to learn skills to be safe and healthy, discuss their views, explore their own and other peoples' attitudes and values about drugs, as well as learn key information about the effects and risks of drugs and practice skills to stay safe if involved in a drug-related situation. Resources are loaned from the Public Health Resource Centre to provide further stimulation and explanation for pupils.

All classes establish clear ground rules to ensure that pupils discuss opinions with respect and listen to one another as well as ensuring that pupils and teachers do not disclose personal information.

To whom the policy applies

The policy applies to:

- The Head Teacher
- All school staff
- The Governing Body
- Pupils
- Parents/carers
- School nurse and other health professionals
- Partner agencies working in or with the school

This school does not permit the possession, use or supply of any illegal or legal drug (unless it is a prescribed legal drug), which takes place within the school boundaries. This covers; on or near the school premises, within the school day and during term time, on school visits, school journeys and at school social events.

The school's drug education policy applies during school visits and school social events.

During educational visits:

- Staff will be briefed about procedures and responsibilities before all visits, which will include the issue of consumption of alcohol and smoking by staff
- Adults should keep any personal medication in a safe place
- A nominated first aider will be responsible for the safe storage of any pupils' medicines and supervision their administration.
- Pupils will be reminded about the relevant school rules in advance.

School social events:

- At all social events organised by the school the responsibility for the conduct of the pupil's present remains with the parent/carer.
- At such events the school No Smoking Policy will be enforced.
- This school will not condone the use of any illegal substance by any individual during social activities connected with the school.

Answering Questions

We acknowledge that sensitive and potentially difficult issues may arise during Drug Education sessions. When spontaneous discussion arises, it is guided in a way that reflects the stated school aims and curriculum content for Drug Education. As a first principle, we answer questions relating to taught, planned curriculum for that age group to the whole class. We answer questions relating to areas beyond the taught, planned curriculum for that age group, in a sensitive and age appropriate way, only to the pupil or pupils who have asked the question. If a member of staff is uncertain about the answer to a question, or indeed whether they should answer it, they will seek guidance from the PSHE leader/ Safeguarding team.

When answering questions, we ensure that sharing personal information by adults, pupils or their families is discouraged. Where a question or comment from a pupil in the classroom indicates the possibilities of risk of harm, teachers will pass this information to the designated person for safeguarding and child protection, in line with our child protection policy and procedures.

Any concerns from members of staff should be taken to the Safeguarding team.

Key Responsibilities for Managing Drug Related Incidents

Definition of a drug-related incident

In this school, a drug-related incident includes any incidents involving any drug that is unauthorized and therefore not permitted within the school boundaries.

School responses to drug-related incidents

In all drug-related incidents the following principles will apply:

- The Head Teacher and Child Protection officers will be informed immediately.
- The incident and follow up will be recorded on CPOMS
- All situations will be carefully considered before deciding on the response
- The needs of the pupil(s) will always come first, whilst also taking account of the needs of the school as a whole
- Parents/carers will be involved at an early stage and throughout any investigation
- Relevant Support agencies contacted, including the police will be involved as appropriate and in keeping with legal requirements
- A range of responses will be considered including disciplinary and counselling/supportive responses.
- Permanent exclusion will not be the automatic response and will only be used in the most serious cases and as a final resort
- Any action taken will be in line with the school's behaviour policy.
- Decisions about the response will depend on the severity of the situation whether the person involved is putting themselves and others at risk. The Head Teacher, in consultation with key staff will decide whether a disciplinary and/or counselling action should take place.
- Incidents will be reported to the Chair of Governors

Possible responses might be:

1. Support and counselling - if a pupil has a concern about drugs or has been involved in a drug related incident or is themselves at risk of drug misuse, we will seek support from Leeds Safeguarding and if appropriate refer to social care.
2. Sanctions - where a school rule related to drug use, is broken, sanctions will be given. The type of sanction will depend on the nature and degree of the offence. Decisions about sanctions will be made by the Head Teacher and consistent with the behaviour policy. In the unlikely event of an incident involving illegal drugs, permanent exclusion will be considered and used if needed.

Legal drugs will remain school matters, although we will contact Trading Standards or the Police about the sale of tobacco, alcohol and solvents to under age students from local shops.

All drug-related incidents are recorded using a drugs incident form. The form is given to the Head Teacher and kept confidential in the school office.

Management of drug-related incidents

All drug-related incidents are reported to the Head Teacher. Although there is no legal obligation to report an incident involving drugs to the police, we will inform Police immediately about any incident involving a suspected illegal drug. Incidents involving legal drugs will remain school matters, although we will contact Trading Standards or the Police about the sale of tobacco, alcohol and solvents to under age students, from local shops.

Recording the drug-related incident

All drug-related incidents are recorded using a drugs incident form. The form is given to the Head Teacher and kept confidential in the school office. In all drug-related incidents the Head Teacher, in consultation with key staff, will decide on the responses, including the use of sanctions and/or counselling and support. It is

very rare for primary-age pupils to misuse drugs in school, however we believe it is important to be prepared should such an incident occur

Staff support and CPD

We take advantage of the support, advice and training provided by The Leeds Health and Wellbeing Team. Staff are attending relevant drug training this year to enhance the provision for drug education in our school.

Medicines Policy

In most cases, staff do not administer medicines at school to pupils unless it would be detrimental to health or attendance not to administer and only with parental written consent. Details about managing medicines can be found in our policy on supporting pupils with medical needs.

Children's personal inhalers are taken on all off-site visits and held by the accompanying school staff. In upper Key Stage Two the children will keep their personal inhalers with them. Staff are aware of any serious medical conditions which affect pupils in their class.

Safeguarding and child protection

When children make disclosures, they are placing their trust in the member of staff's judgement and acknowledging that they need help. If a child makes a disclosure, it is not appropriate for a member of staff to offer complete confidentiality. Before allowing the child to make a full disclosure, the member of staff should explain that the information might need to be passed to the Safeguarding Team.

The pupil's right to privacy should be respected, regardless of the gravity of the incident, so sensitive information should only be shared with relevant staff/agencies (please refer to Child Protection Policy).

Confidentiality in the context of drug education and incidents

Pupils need to be able to talk in confidence to staff without fear of being judged or told off. The welfare of children will be central to our policy and practice. However, teachers cannot promise total confidentiality in order to seek specialist help if needed. Information about a pupil in relation to drugs will follow the same procedure as for other sensitive information. If teachers have any concerns about the welfare of children, they must inform the Head Teacher.

Local support available to schools

Leeds Health and Wellbeing Team

Smoking policy

We are a smoke free school and staff, parents, pupils and visitors are not allowed to smoke anywhere on school premises or in sight of the school. We display information about giving up smoking on displays around the school.

December 2017

This Policy has been drawn up and written by the School Health and Wellbeing Team. This will be reviewed when updated legislation or guidance is issued by the DfE, Local Authority or other relevant organization.

This will be monitored and reviewed annually by the PSHE Leader

Drafted by: Sheryll Carter

APPENDIX 1- Resources

A list of resources used to deliver PSHE is held by the PSHE coordinator.
This bank of resources will be built up over time.

Specific Resources for Drug Education :

- D:side programme
- "Nothing"

APPENDIX 2a - Checklist PRIOR to visit

Checklist For Schools And Agencies	
TIME AND PLACE	
Date(s) of Involvement:	Time: From to Number of days / weeks:
Venue / room(s):	Agency arrival time:
Room Layout:	Agency to be greeted by:
Equipment required to be provided by the school:	Session plans: Attached: yes / no To be forwarded to:
PEOPLE	
School: Contact details:	Agency name: Specialism:
School address: Tel No: E-mail:	Agency address: Tel No: E-mail:
Child protection teacher: Learning mentor / other contact:	Agency contact: Other Contact:
Teachers to be involved:	Do parents need to be consulted before the session? yes / no

Have disclosure / confidentiality procedures been discussed? yes / no Other policies for consideration:	Is the school satisfied with the agencies CRB / liability arrangements? yes / no
Number of pupils: Key Stage: Year Group:	Learning needs: Other / individual needs:
Intended learning outcomes:	What has been taught previously? How will the work be continued?
How will skills and progress be assessed?	Who will be present? How will they support the session?
How does the work support the CPD of teachers e.g. team teaching?	Do staff require / want any additional training? yes / no
How will the effectiveness of the session be evaluated by pupils? How will the effectiveness of the session be evaluated by adults?	Which routes for referral, procedures and services will pupils be signposted to?
AGREEMENTS	
Have any expenses been agreed to? yes / no	
Checklist completed by: Designation: Date: Meeting carried out: in person / by phone / other (please circle)	

Acknowledgements: ABC Leeds 2006

APPENDIX 2b - Checklist DURING & AFTER visit

Joint Evaluation Form		
Please fill this in together where possible		
Aim of session:		Session date:
		Time:
Agency:		Year group:
School:		Class:
Question	Scale 1 - 10	How do you know?
1. How well did the programme meet the needs of young people?		
2. How well has the work developed the skills of pupils to manage their wellbeing?		
3. How well has the input contributed to the PSHE Schemes of Work?		
4. Has there been an impact on staff skills and confidence?		
5. How well did the pre-planning support the session / visit?		
6. How will be the work be continued and / or adopted into the Schemes Of Work next year?		
7. Were there any elements that could be improved in the future?		
8. Any other comments?		
Please keep a copy for your records.		

Acknowledgements: ABC Leeds 2006

APPENDIX 3 - Specific issues relating to Drug Education and drug-related issues

What is a drug?

Current educational thinking agrees that a drug is 'any substance which when taken changes the way the body works or how a person behaves, thinks and feels.' (Drugscope) The word 'drug' includes

- ❑ All legal drugs, including tobacco, alcohol, solvents & volatile substances, misused medicines and social drugs like alkyl nitrites (poppers)
- ❑ All illegal drugs
- ❑ Prescribed and over-the-counter medicines

What is Drug Education?

Drug education should take account of pupils' views, so that it is both appropriate to their age and ability, and relevant to their particular circumstances.

(Drugs: Guidance for Schools, DfES 2004)

Drug, alcohol and tobacco education is an explicit, planned component of PSHCE. Drug, alcohol and tobacco education provides a context for enabling pupils to increase their knowledge and understanding of drugs, alcohol and tobacco and to explore attitudes and develop skills for making healthy, informed choices. It should be supported by :

- ❑ School values and an ethos that have been developed by all members of the school and the wider community
- ❑ Positive relationships within the school and between the school and wider community, whole-school policy and practice that is consistent with the aims of drug, alcohol and tobacco programme. The development of this whole-school approach is supported by Healthy Schools.

Drug Education is in the Science National Curriculum :

Key Stage 2 :

Year 6:

Statutory: Animals including humans:

Pupils should be taught to:

Recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function.

Non Statutory: Pupils should learn how to keep their bodies healthy and how their bodies might be damaged-including how some drugs and other substances can be harmful to the human body.

Pupils might work scientifically by: exploring the work of scientists and scientific research about the relationship between diet, exercise, drugs, lifestyle and health.

Management of Drug-Related Incidents

In managing drug-related incidents, the term 'school' refers to

- ❑ the buildings and grounds within the school perimeter at times when pupils are authorised to be on the premises
- ❑ any location visited by pupils as part of an organised school visit

The school will deal with the impact on the health and wellbeing of pupils of anything that happens in the immediate vicinity of the school.

Drug using carers and their children

If a member of staff suspects that a parent or carer is misusing drugs and that there is a risk to the child, this

should be reported to the designated teacher for Child Protection and the Head Teacher. For guidelines on assessing risk, see Child Protection Policy.

Prescribed and non-prescribed medicines :

Please refer to the schools' Medication Policy

Smoking:

This school is a smoke free school. We request that everyone observe this, both in the grounds and in the building. This includes e-cigarettes.

School staff and visitors who smoke should make their own arrangements off the school premises, out of sight of all pupils, within the terms of their contract of employment. Support is available for staffs who wish to stop smoking.

It is an offence under Smokefree England legislation July 2007 for the school knowingly to allow smoking in the school buildings or any sheltered area attached to the buildings. Any adult found smoking could be subject to an on the spot fine of £50 by the Environmental Health Department. The school could be fined £2500.

Our school grounds are smoke free in line with our Healthy Schools policy (NHSS 1.6)

Parents and visitors who smoke are asked not to do this in sight of the school, in order to support the non-smoking message we hope to instil in our pupils.

Alcohol :

No member of staff may bring alcohol to school for consumption or consume alcohol during the school day. Any teacher who does so may be subject to disciplinary procedures. If alcohol is brought into school as a present it needs to be locked away, high up in a cupboard out of reach of children.

Alcohol is permitted for staff and parent social events held out of school time. It is the responsibility of each individual to ensure they use alcohol sensibly.

Alcohol may not be sold at social events unless the Head Teacher and governing body have agreed and obtained the necessary license.

Pupils who bring alcohol to school or are affected by alcohol will be dealt with according to the procedures outlined in **Action Chart**.

Volatile Substances :

- Volatile substances include gases, aerosols, glues and other products which might be inhaled for their effect.**
- The storage of authorised volatile substances is covered in the Health & Safety policy**
- Staff are responsible for ensuring the safe use of essential volatile substances in the school
- Unauthorised products will be confiscated. Refer to Behaviour & Discipline policy

Staff should be made aware of the physical effects of VSA, particularly the possible effect on heart rhythm. It is essential that a calm atmosphere is maintained if a pupil is found to be intoxicated, in order to avoid shock and / or heart failure.

Illegal drugs

Pupils' involvement with illegal drugs may include the following :

- Disclosure of own or others' drug use
- Carrying drugs for another person e.g. to deliver, sell or to pass to another pupil
- Bringing in illegal substances for effect rather than use or sale
- Unknowingly having an illegal substance on their person

In most cases, the pupil may not appreciate the gravity of the situation. In all cases, Child Protection policy must be followed. The school's priority is the pupil's safety and wellbeing and disciplinary procedures will only be pursued once support has been offered. Parents/carers will always be informed as soon as possible, unless there are clear indications that this is not in the pupil's best interests.

Excluding a pupil may make them more vulnerable so every alternative will be explored before resorting to Fixed Term or Permanent Exclusion for drug-related incidents.

The Head Teacher may choose to consult local police for guidance or provide local police with information without criminalising the pupil (see West Yorkshire Police Protocol). It is the Head Teacher's decision as to whether there will be any direct police involvement in a drug-related incident which may lead to investigation and/or prosecution.

Staff conduct and drugs

- state the arrangements for ensuring that staff are aware of their responsibilities in relation to drinking and other drug use in school hours and on school trips.

Guidelines for the safe handling, collection and disposal of hypodermic needles and syringes

Staff should remind children regularly of what to do if they find any substance or drug-related equipment to ensure their safety.

The procedure is :

1. Stay calm
- 2. Do not touch anything**
3. Send someone to get the nearest member of staff to deal with it
4. Only members of staff should (safely) pick up the object
5. Place in Needle Safe (contact Leeds City Council Discarded Needles Helpline 0800 1386227)
6. Please refer to guidelines for safe handling in Health and Safety Policy,

Do **not** dispose of potentially dangerous objects in school bins

Handling suspected illegal drugs

Staff will follow school procedures carefully. The first person to handle a suspected substance should be the only person to do so. The substance will be packaged and stored safely in the presence of a witness and the action will be recorded in the Drug Incident Book. The Head Teacher or designated teacher will then decide what further action will be taken regarding the suspected substance.

Action Charts relating to drug incidents :

- Handling drugs and substances
- Smoking
- Alcohol and Volatile Substances
- Parents, carers and visitors on school premises affected by use of drugs & substances
- Disclosure of drug or substance use

Safe administering medication to pupils

Proprietary medicines :

- ❑ No member of staff may give any kind of medicine to a pupil. This includes painkillers.
- ❑ Pupils should not need to bring to school proprietary medicines like painkillers and cough mixtures.
- ❑ If a parent or carer believes their child needs to take such medicine, they should come to school to administer this personally.

Prescribed medicines :

If a pupil is required to take prescribed medication, parents / carers should advise the school, either by informing in writing or by speaking to her personally at the school office.

- ❑ If a pupil is likely to suffer any contra-indications such as drowsiness, the school must be informed.
- ❑ Medicines should be handed by the parent or carer to the school office for safe storage. There is a signing in and out book to record this.
- ❑ All medicines should be labelled clearly.
- ❑ Medicines will be stored appropriately and controlled medicines will be locked in
- ❑ A written record is maintained by to show when any medicine has been given to a pupil.

Inhalers: Please refer to the Asthma Policy. Inhalers are named and kept in a box, out of reach of children, so that they can be used by pupils when needed.

Epi-pens: Located in the child's classroom in a labelled box (kept in cupboard out of reach of children). Another one can be found in the medicine cabinet in the disabled toilet in a labelled box.

APPENDIX 4 - Local Support

The following local services provide support for individuals with problematic or potentially problematic drug use. This information and support is available for all members of the school community – pupils, staff and parents concerned about problematic drug use are entitled to support.

Alcohol	Alcohol and Drug Services Leeds Addiction Unit	0113 2470111 0113 2951300
Smoking	NHS Leeds Stop Smoking Service	0800 169 4219
Drug use Alcohol Volatile Substance Abuse	Base 10 Step 2 (8-18) Leeds Addiction Unit Multiple Choice (17+) T3 (treatment service)	0113 2433552 0113 2951300 0113 2456616 0113 2443399
Drug Education	Children In Crisis d:side (KS2)	0113 2225507
Support for parents and carers	GASPED	0113 2450100 Helpline : 0845 146 0002

APPENDIX 5 - Useful national websites and contacts

Addaction is one of the UK's largest specialist drug and alcohol treatment charities. As well as adult services, they provide services specifically tailored to the needs of young people and their parents. The Skills for Life project supports young people with drug misusing parents www.addaction.org.uk

ADFAM offers information to families of drug and alcohol users, and the website has a database of local family support services. Tel: 020 7553 7640 Email: admin@adfam.org.uk Website: www.adfam.org.uk

Alcohol Concern works to reduce the incidence and costs of alcohol-related harm and to increase the range and quality of services available to people with alcohol-related problems. Tel: 020 7264 0510. Email: contact@alcoholconcern.org.uk Website: www.alcoholconcern.org.uk

ASH (Action on Smoking and Health) a campaigning public health charity aiming to reduce the health problems caused by tobacco. Tel: 020 7739 5902 Email: enquiries@ash.org.uk Website: www.ash.org.uk

Children's Legal Centre operates a free and confidential legal advice and information service covering all aspects of law and policy affecting children and young people. Tel: 01206 877910 Email: clc@essex.ac.uk Website: www.childrenslegalcentre.com

Children's Rights Alliance for England - A charity working to improve the lives and status of all children in England through the fullest implementation of the UN Convention on the Rights of the Child. Email: info@crae.org.uk Website: www.crae.org.uk

Drinkaware - An independent charity that promotes responsible drinking through innovative ways to challenge the national drinking culture, helping reduce alcohol misuse and minimize alcohol related harm. Tel: 020 7307 7450 Website: www.drinkaware.co.uk/

Drinkline - A free and confidential helpline for anyone who is concerned about their own or someone else's drinking. Tel: 0800 917 8282 (lines are open 24 hours a day)

Drug Education Forum (DEF) - A forum of national organisations in England which provide drug education to children and young people or offer a service to those who do. Tel: 020 7739 8494 Website: www.drugeducationforum.co.uk

DrugScope is a centre of expertise on illegal drugs, aiming to inform policy development and reduce drug-related risk. The website includes detailed drug information and access to the Information and Library Service. DrugScope also hosts the Drug Education Practitioners Forum. Tel: 020 7520 7550 Email: info@drugscope.org.uk Website: www.drugscope.org.uk

FRANK is the national drugs awareness campaign aiming to raise awareness amongst young people of the risks of illegal drugs, and to provide information and advice. It also provides support to parents/carers, helping to give them the skills and confidence to communicate with their children about drugs. 24 Hour Helpline: 0800 77 66 00 Email: frank@talktofrank.com Website: www.talktofrank.com

Schools can receive free FRANK resource materials, updates and newsletters by registering at <http://ddshl.broadssystem.com/freeleaflets.aspx>

Mentor UK is a non-government organisation with a focus on protecting the health and wellbeing of children and young people to reduce the damage that drugs can do to their lives. Tel: 020 7739 8494. Email admin@mentoruk.org Website: www.mentoruk.org.uk

National Children's Bureau promotes the interests and well-being of all children and young people across every aspect of their lives. Tel: 020 7843 6000 Website: www.ncb.org.uk

Family Lives - A charity offering support and information to anyone parenting a child or teenager. It runs a free-phone helpline and courses for parents, and develops innovative projects. Tel: 0800 800 2222 Website: <http://familylives.org.uk/>

Re-Solv (Society for the Prevention of Solvent and Volatile Substance Abuse) - A national charity providing information for teachers, other professionals, parents and young people. Tel: 01785 817885 Information line: 01785 810762 Email: information@re-solv.org Website: www.re-solv.org

Smokefree - NHS Smoking Helpline: 0800 169 0 169 Website: <http://smokefree.nhs.uk>

Stars National Initiative offers support for anyone working with children, young people and families affected by parental drug and alcohol misuse. www.starsnationalinitiative.org.uk

Directgov Young People can help young people with information and advice on issues relating to health, housing, relationships with family and friends, career and learning options, money, as well as helping young people find out about activities they can get involved in. <http://www.direct.gov.uk/en/YoungPeople/index.htm>

Youth Offending Teams – Local Youth Offending Teams are multi-agency teams and are the responsibility of the local authority, who have a statutory duty to [prevent offending by young people under the age of 18. <http://www.justice.gov.uk/global/contacts/yjb/yots/index.htm>

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